



LUNCH MENU

Appetizers

Crispy Caribbean Crab Cake

22

Fresh crabmeat, onion, peppers, chili, mayo, Worcestershire sauce, and green onions with a coconut crust and toasted coconut & saffron aioli. accompanied by a mixed salad.

Golden Conch Fritters

18

Crispy golden local caught south Caicos conch fritters, served with a spiced calypso sauce with a hint of citrus and spice.

South Caicos Bank Snapper Ceviche ₡

18

Fresh local caught snapper, marinated with citrus and local spices, cilantro, and hint of our home-grown local hot pepper.

Jerk Chicken Wings ₡

16

12-hour marinated chicken wings with Caribbean style Jerk spices, tangy French blue cheese. served with crispy pickled carrot sticks.

SALADS

Sailrock House Salad ♡/₡

18

Blend of mixed greens, tomatoes, onions, cucumber, and herb vinaigrette. Served with a tomato & Herb focaccia bruschetta.

Our Version of the Traditional Caesar Salad

16

Crispy romaine leaves with creamy lemon garlic and anchovy dressing, freshly shaved Parmesan cheese, & deep-fried tortillas.

With chicken **8** / With shrimp **12**

(₡) Gluten Free and (♡) Vegetarian

The Kitchen Team would be pleased to try to attend to any of your requests.

Special Orders will be accommodated within 45 minutes.

A 10% Service Charge and an 12% Government Tax will be added to your check.



BURGERS, WRAP & OTHERS

8 oz. Angus Beef Burger

18

Crispy Lettuce, Cheese, tomato, sweet pickles, onion slices.

Fresh Fried Fish Burger

35

Fresh breaded grouper fillet, served with grilled Chef selection of vegetables, classic béarnaise sauce, crispy lettuce, tomato, pickles, onion.

Local Fish Tacos

29

Grilled spiced fish chunks with a crispy cabbage and spiced coleslaw on a bed of warm soft tacos, topped with a citrus mayo with a hint of cilantro.

Caesar Chicken Wrap

22

Grilled chicken, romaine, Parmesan cheese, bacon, & Caesar dressing wrapped in warm tortilla.

Caprese Tartine ψ

16

Open-faced toasted rustic bread, tomatoes, mozzarella cheese, and pesto oil served with French fries or sweet potatoes fries.

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