Great House Restaurant

From The Buffet

Please help yourself to our fresh buffet display of juices, bakery and garden options

JUICES & SMOOTHIE

Freshly Squeezed Citruses, Orange, Grapefruit Juice
Apple, Pineapple, and Cranberry Juice
Smoothie of the Day
(Please ask your host for the smoothie of the day)

FROM OUR BAKERY

A Daily Assortment of Freshly Prepared Breakfast Pastries, Muffins, Danish, croissant
Freshly baked white, wheat and multi grain breads, bagels
Butter, honey, jam and marmalade

THE GARDEN

Choice of Daily fresh squeezed vegetable juice
Tomato juice, Coconut juice, lemonade
Vegetable crudités with herb cream
Greens & cherry tomatoes
Preserve vegetables in olive oil & fresh herbs

BREAKFAST

Two Free Cage Eggs GF *Cooked as You Wish with Hash Brown Potatoes, Roast Thyme Cherry Tomatoes, Mushrooms, Applewood Smoked Bacon or Herbs Link Sausages*

Three whole Egg Omelet or Egg White Omelet GF *with Your Choice of Fillings: Ham, Bacon, Spinach, Tomato, Mushrooms, Onions, Peppers, Fine Herbs, Cheese*

Spanish Omelet GF *Iberico Ham, Onion, Potato, Served with Greens, Roast Bell Peppers and Asparagus*

Egg Benedict *Poached Egg, Crispy Bacon or Honey Ham, Tarragon Hollandaise, English Muffin*

Fluffy Pancake *Buttermilk Pancake with Organic Maple Syrup*

Belgium Waffle *Berries, Pineapple, Mango and Orange Glaze*

The 360 Toast *7 Grain Bread, Roasted Honey Pumpkin, Avocado, Cherry Tomato, Sunflower Seeds*

SAILROCK RESORT

COFFEE & TEA

Tea – *Japanese Sencha, Organic Peppermint, Red Raspberry, Hot Cinnamon Spice, English Breakfast, Earl Grey Supreme, Egyptian Chamomile, Tropical Green*

Coffee – *Cappuccino, Coffee Latte, Espresso*

*All *menu items* are *subject to change* according to seasonality and availability

The Kitchen Team would be pleased to try to attend to any of your requests, Special orders will be accommodated within 45 minutes. Kindly be advised that a 10% Service Charge and an 12% Government Tax will be added to your check.